



Dear Friends and Neighbors;

Think for a moment; what would you do if you or a family member were home-bound and unable to prepare food for yourself? What if you were isolated and had no regular contact with the community? Who would be there to check in on you or your loved ones? If you think these questions aren't relevant in our community, think again.

Blue Ledge Meals on Wheels was founded in 2007 to address these issues in Amherst County. Monday through Friday volunteers pick up hot, nutritious meals and deliver them to the home-bound elderly or disabled in our community. Our volunteers take a moment to chat with clients and offer them a smile and conversation. They leave them with reassurance that someone will be by each weekday to check on them. We do not leave meals on a doorstep; we have procedures in place to assure that our clients are well and accounted for. Our volunteers spend 30-60 minutes on a route, delivering the food and taking time to visit with the clients.

Blue Ledge is a non-profit, 100% volunteer organization. While some of our funding comes from grants and client payments, the majority of our budget relies on donations from businesses and individuals like you! Being an all-volunteer organization allows us to use the bulk of our funds to go directly to feeding clients.

Blue Ledge is blessed to have 9 local churches who prepare meals for us several days a month. These churches donate the food and time to the Meals on Wheels program as part of their community ministry and outreach. The only cost to Blue Ledge for these meals is the cost of the containers we provide to portion and deliver the meals. We also are partnered with local restaurants and food service groups in the area who prepare the meals for our clients the rest of the month.

Want to make a difference in your community? **Consider making a donation** to Blue Ledge Meals on Wheels, any amount is appreciated! Want a meaningful and rewarding way to spend an hour a week, or an hour a month? **Consider volunteering** with Blue Ledge Meals on Wheels. We have routes available in several parts of the county. You may just find, like so many of us who volunteer, that it is the highlight of your week. To become a volunteer, visit our website blueledge.org or call our coordinator at 434-942-4846.

Serving the community, one meal at a time!

Blue Ledge Meals on Wheels • PO Box 1332 • Amherst, VA 24521

YES, I WOULD LIKE TO HELP!

Given By:

Name _____ Phone _____

Address _____

City, State, Zip _____

E-mail address: _____

I would like my gift to be donated anonymously.



OUR GIVING VENDORS!

CHURCHES

Amherst Baptist Church
Amherst Presbyterian Church
Central Baptist Church
Clifford Baptist Church
Emmanuel Baptist Church
Emmanuel United Methodist Church
Midway Baptist Church
Mt. Olive Baptist Church
St. Francis of Assisi Parrish

VENDORS

Amherst Corner Restaurant
Edith's Rt. 60 Diner
Fairmont Crossing
Mac's General Store
Subway Amherst
Subway Apple Market
Sweet Briar College
Winton

All donations are tax deductible

I am interested in volunteering for Blue Ledge Meals on Wheels

I wish to make a donation in the amount of \$_____

In Memory of: _____

**\$25 will provide
one week of hot meals**

**\$100 will provide
one month of hot meals**

**\$1300 will provide
one year of hot meals**

Please make checks payable to Blue Ledge Meals on Wheels

If you prefer to make a donation with a credit or debit card please use the PayPal link on our website at blueledge.org