



Blue Ledge Meals on Wheels

Serving the community, one meal at a time

November 2015

Advertisement



UPCOMING EVENTS

@
Second Stage ...
Join us!

Sunday,
November 29, 3 PM
Singing in the Season

Multiple churches in
downtown Amherst will be
open and participating in
a "progressive" hymn sing
ending at
Second Stage | Amherst
for a group carol sing
and refreshments.
Start at Ascension at 3 PM.

Read more at our website!

194 Second St., in Downtown Amherst
www.secondstageamherst.org

Saturday,
December 12, 11-4

**Second Stage
Holiday Bazaar**

Free admission & parking
Lunch available

Now
in combination with
**Santa Paws
Winter Bazaar**

Pet pictures with Santa: \$10
Benefits Save Our Animal Rescues

What Does Blue Ledge Really Do?

Most people are familiar with the name 'Meals on Wheels'. They know we bring food to people. What does that really mean to our community? Last month your donations, our volunteers and our food suppliers provided 678 meals to the homebound of Amherst County. That's a pretty big deal! While the hot meals we bring to clients are important, we offer so much more. As part of Meals on Wheels America's Rural Initiative we also provide wellness checks and serve as what is often the only regular human contact some of our clients get.

What exactly does wellness check mean? Nearly half of our clients are rural and isolated. When we ring the doorbell and there is no answer we don't drop their food on the patio and leave, we make phone calls. We call the client, we call their emergency contacts, and occasionally call the authorities until the client has been found safe. One example of this involved an elderly client of ours. He didn't answer his door or his phone. We persisted until a neighbor came over with a house key and found that he had fallen and was unable to reach a phone. This is what our wellness checks are all about.

Our clients aren't limited to the elderly. We have clients in a wide variety of ages. We also accept short-term clients who are recovering from an illness or surgery. All of our clients are homebound or otherwise incapable of preparing food for themselves. If you know of someone in need of our services, or if you would like to become involved with Blue Ledge in any capacity please contact us at 434-942-4864 or visit our website at blueledge.org

WILLIAM PAIGE
OWNER / AUTO TECHNICIAN
william.paige425@gmail.com



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St. Francis of Assisi Parish Provides Meals

Approximately this time last year, Joyce Hoffman, who attends St. Francis of Assisi Parish in Amherst, VA, and I were talking about the Blue Ledge Meals on Wheels program. After a meeting with Joyce that covered what would be needed to become a vendor (food supplier), she discussed with enthusiasm the idea of their church helping those in need through our organization. By January 2015, Joyce had organized two teams to provide meals for us on the second and fourth Mondays of each month.

Joyce recently shared with me, not only how the clients benefit from their meals, but how much the two teams enjoy interacting with each other and with the volunteer drivers that deliver the meals. The helping becomes contagious with others in the church making cards and gifts to send to the clients. Each client received a wonderful surprise recently when a crochet hat was delivered just in time for cold weather. Joyce encourages other churches to participate in helping to feed those in need through our organization in Amherst County.

Blue Ledge Meals on Wheels extends our thanks to Team A: Joyce Hoffmann, Maureen Chesney, Nancy Herr, Tillie Winfield, Midge England and Marlene Swift.

Team B: Gail Curtin, Carol Charles, Edie Rider, Diana Hughes, Jean Camm, and Sandy Brown.

Nancy Banton



Nancy Herr, Tillie Winfield, Carrie Davilla (driver), Midge England, and Marlene Swift.

Top Notch Inc. T/A



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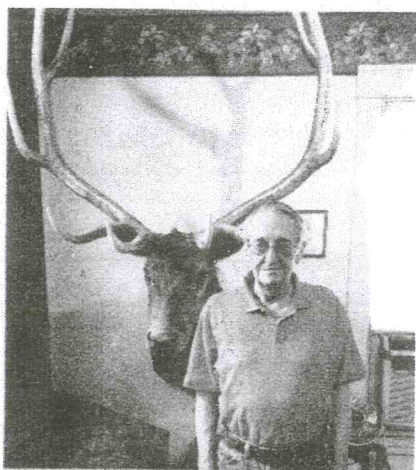
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Featured Client: Mr Faulconer



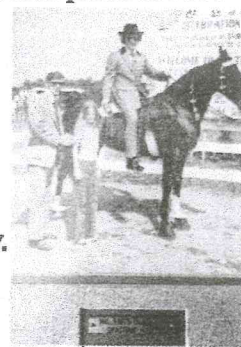
F.T. Faulconer with his prized elk.

If you've never had the pleasure of meeting Mr. Frank T. Faulconer, III (known by his friends as F.T.) you are surely missing out. F.T.'s family moved to the Fauconerville area in 1914. His grandfather, Mr. Frank T. Faulconer owned both a pulpwood business and THE General Store in Fauconerville. He is also the proud sportsman that secured the elk shown in the picture with Mr. F.T. III. That prized elk was brought home in 1947 and is a treasured possession for the family. Each generation following has shown a true sense of byalty to the family business and has continued to keep all aspects running. Sitting with F.T. and talking about his life is such a pleasure. His home is steeped in family history. Some of his favorite pictures around the house are those of his prized Tennessee Walker, Mil Ann's Blaze Sun, that was a true champion. With Blue Ledge, we were referred to Mr. F.T. after he underwent significant radiation treatments and was unable to sufficiently take care of his own dinners.

Every moment since has been a constant pleasure for staff and volunteers. For a man that lives in the same home he was born in 72 years ago, to ensure he stays there is a goal for everyone involved.

My biggest take away from Mr. F.T was his last statement to me.

"I thoroughly enjoyed our time today. I hope you see that this is always a happy home. Life is too short for anything else."



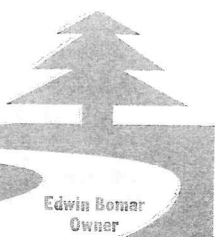
Mr Faulconer on his horse in 1973.

GILBERT'S

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- Landscape supplies
- Driveway stone

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Ashley Carter

Teens Reaching Out in the Community

Being involved with Blue Ledge Meals on Wheels is rewarding at any age. The opportunity for youth to witness firsthand the needs of people here in our community is priceless. These four teens deliver meals to our clients on a regular basis.

Carly Brooks has been delivering meals for us with her mother since June of this year. She cheerfully brings meals to our clients every week. She said she "enjoys getting to meet new people and help other people"



Carly Brooks with mom, Tami Brooks picking up food at Amherst Baptist.

Keghan Willey started delivering meals with her grandmother this past summer. She is a driven young lady who was looking for a way to volunteer with the community. I asked her what it means to her to volunteer with us; she said "it definitely feels good to give a meal to those who can't leave their house or get food on their own."



Keghan Willey delivering food.

Ian Hollowell has accompanied his mother on a weekly delivery route since he was 10. He's now 16 and is still bringing meals to clients. He has had the opportunity to meet several different clients throughout the years. He says he likes seeing the people every week and that he has enjoyed getting to know them.



Ian Hollowell at the Christmas parade with Blue Ledge and Brockman Subaru

Jonathon Neighbors began delivering meals with his grandmother when he was 17 years old. Three years later he still accompanies her on her weekly delivery route. When asked what it's like to deliver for Blue Ledge he said "I feel happy to see them get a warm meal and it makes me feel good to deliver it to them."



Gift donations to Blue Ledge Meals on Wheels can be made in honor of family and friends this Holiday season. With your donation of \$15 or more we will mail your honoree a personalized holiday card letting them know of your thoughtful gift.

Choose the amount of your donation.

- 3 meals \$15
- 5 meals \$25
- 10 meals \$50
- 20 meals \$100
- other _____

Honoree's Name _____

Honoree's Address _____

City _____ State _____ Zip Code _____

Donor's Name _____

Donor's Address _____

City _____ State _____ Zip Code _____

Please send this form along with payment using the envelope provided.
Additional gifts can be made by copying this form: - or on our website;
blueledge.org

Donations from individuals, businesses and organizations are so important to the mission of Blue Ledge Meals on Wheels.

Thank you to all who have contributed this year.

Donors; Jan 1 - Oct 31 2015

Individuals

Russell Addison
Nancy Banton
Eric & Marsha Baron
Nancy E Bockstael
Bonnie Boylan
Bonnie Brown
Ben Cline
Margaret Cooper
Gerard & Mary Elliott
John & Judith Farris
Marvin & Marilyn Gilbert
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Richard Buck, Agent

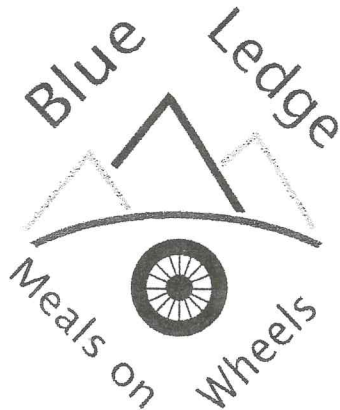
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SUBARU **share the love** EVENT

And Shelf Stable Food Drive



Wish List

Single Serving Microwave Meals
Fruit Cups
Granola Bars
Individual Size Beverages
Healthy Snacks

The food collected is for individuals who don't necessarily have the ability to cook. We especially need individual sized food items that are heated quickly and easily.

Blue Ledge Meals on Wheels will be collecting shelf stable food items for our clients from November 19 through December 21

Collection boxes are located in the showroom of Brockman Subaru in Amherst VA

Blue Ledge Meals on Wheels clients receive hot meals 5 days a week. We collect shelf stable meals for our clients for inclement weather days, holidays and weekends

For every new Subaru sold at Brockman from November 19, 2015 - January 2, 2016, Subaru will donate \$250 to Blue Ledge Meals on Wheels or your choice of 5 other national charities.

Volunteers Keep the Wheels Turning.

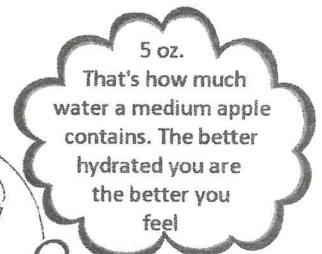
As Blue Ledge Meals on Wheels continues to grow we have an ever increasing need for volunteers. Of course we need drivers, but, we also need people for so many other things. Please consider getting involved with Blue Ledge.

Thank you to all of our volunteers.

Nancy Banton	Linda Fontaine	Sharon Hughes	Jenny Reynolds
Tami & Carly Brooks	Kleo Garland	Becky Jones	Anne Richards
Sandra Brown	Matt Gaventia	Glen Mabrey	Nancy Russell
Virginia Brown	Craig & Kim Goins	Joe Malloy	Joyce Saunders
Linda & Samuel Bryant	Tom Hall	Ann Marshall	Howard Scarboro
Jean Campbell	Amanda Hall	Stephen Martin	Delores Schrock
Ashley & Mitch Carter	Joanna Harris	Julian & Barbara Massie	Lynn Seidman
Betty Cash	Norman Harris	Judy Mayberry	Rosalie Slonksnes
Ginny & David Cathcart	Don Harvey	Louise Mays	Theresa Smith
Carrie Davilla	Wayne Hash	Jonathon Neighbors	Lee Terry
Renee DeShane	Juanita Henderson	Karena Netterfield	Beverly Voigt
David Edmondson	Jim Higgins	Sarah Ogden	Kathryn Wilkerson
Christie Eubank	Kelli & Ian Hollowell	Tom Paciocco	Keghan Willey
Bonnie Ferguson		Carol Patterson	

Thank you to all of our food suppliers

Amherst Baptist Church	Fairmont Crossing
Amherst Corner	Mt. Olive Baptist Church
Amherst Presbyterian Church	St. Francis of Assisi Parrish
Campbell's General Store	Subway
Charlie's Chicken	Sweet Briar College
Emmanuel United Methodist Church	Winton Country Club



From: All You, October 2015

William S. (Billy) Brockman
 Shop: 434-946-2695
 Res.: 434-277-5019
 Cell: 434-841-3281

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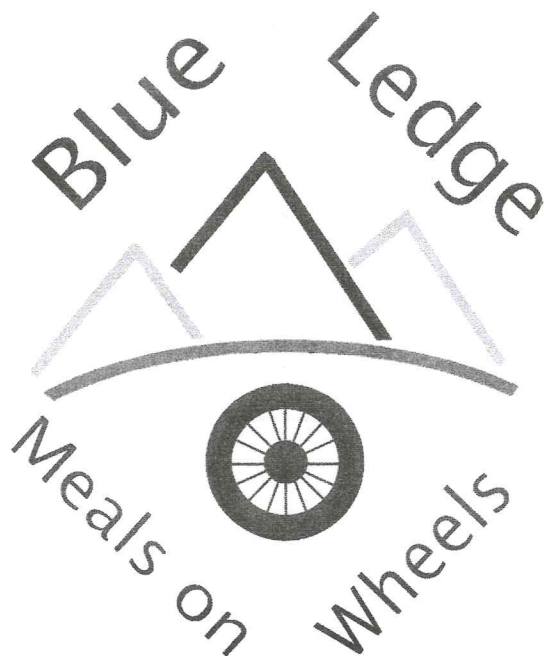
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Website: blueledge.org



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