

# Blue Ledge Meals on Wheels Serving the community, one meal at a time

**June 2016** 

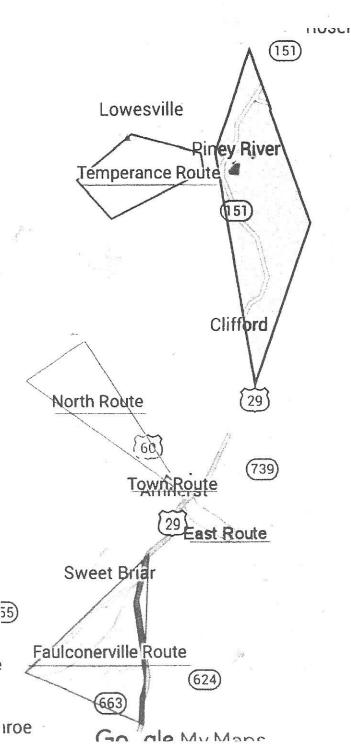


### **Worth the Drive**

As the map shows, each route covers only a very small area. Typically a delivery, from the time you leave home to the time you return, takes under an hour. Some routes take significantly less than an hour. Meals are prepared by local restaurants or institutions. Blue Ledge will provide you with a cooler to transport the meals in to keep them hot. We are in serious need of regular drivers, substitute drivers, and partner drivers. Some of our volunteers will share a route with another driver.

They trade off weeks to deliver, or will sometimes ride together on the route.

Many of our clients will meet you at their door to receive their meals. The effort and time it takes to make a huge impact in someone's life is very small. Please consider filling out the volunteer application.



# Featured Food Supplier: Mt. Olive Baptist Church organized 1899

Early in 2015 Kelvin Brown, the pastor for Mt. Olive Baptist Church was contacted regarding becoming a food supplier for Blue Ledge Meals on Wheels. When asked how his church became aware of our organization, he said a number of people, including his parents who were already involved with providing meals from Charlie's Chicken, several people in his congregation, and even a MOW volunteer driver discussed what our organization does for the Amherst community. Knowing Mt. Olive has a kitchen ministry that is active in inviting congregational involvement, a number of the members felt comfortable starting to

provide meals for our clients in March 2015. One of their benevolence programs, Alms for the Almighty, collects change every 5th Sunday and this helps with food cost. Every fifth Monday of a month our clients are blessed to have a delicious meal picked up from Mt. Olive by our volunteer drivers.

Like most of the churches involved with MOW, Mt. Olive has a member, Craig Goin, (pictured) who volunteers to deliver meals to our clients. Craig said he grew up in a giving surrounding and wanted his four children to experience the same beliefs of helping others in need. By participating in helping others with he and his wife, he feels his children are learning the value of giving back to those in need. Craig said he realizes he has known some of the clients for years, one since

high school, and this has helped him build a solid relationship and trust with them. Pastor Brown says those that help with the program find it rewarding and enjoy serving others. He said God gave us the work to do and it is encouraging to see members loving God and helping our fellowman and neighbors. Thanks to all at Mt. Olive for what you do to help our clients and our community. By; Nancy Banton



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#### Featured Client; Ms Clarke Johnson

Have you ever sat down with someone and felt like you could just visit for hours? That's exactly what it feels like with Ms. Clarke Johnson. While those of us at Blue Ledge, Inc. call her Ms. Johnson, to her friends she is still "Baby Sis". Born in Amherst in January 1943, Clarke spent most of her young life between Nelson and Amherst counties. Some of her fondest memories from her youth are playing jack rocks with the other kids before and after school, her Grandma Jenny's gingersnap cookies, and the two hour bus ride to get to and from school.

At 18, Clarke married the love of her life. They moved up to Mt. Vernon, NY where her husband was an incredibly hard worker. Mr. Johnson worked at a service station, General Motors, drove cabs and offered bus tours in order to take care of his family. Unfortunately, Clarke was diagnosed with multiple sclerosis in 1975. She didn't allow that to keep her from working with children and the elderly and it certainly doesn't keep her

from making the most of her days even now.



To hear Clarke talk about her daughter and son is to see a Mother's love. Though neither are close in geography, the strength of family is evident when you talk with Clarke. She has 3 grandchildren and 2 great grandchildren on whom to dote and buy gifts. She looks forward to the surprise visits from her son when he visits from New York. I asked Clarke to share her biggest life lessons and this is what she shared:

"Don't depend on anyone other than yourself"
"Don't sit around and moan, get up and DO something!"
Thanks, Baby Sis, for the visit.

Ashley Carter

Top Notch Inc. T/A



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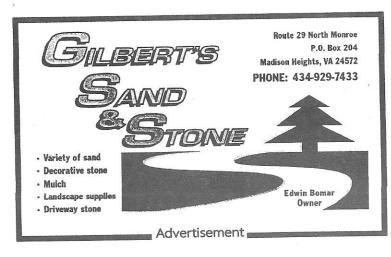
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# Share the Love 2015

The Share the Love event partnership between Blue Ledge Meals on Wheels and Brockman Subaru is still going strong. In 2015 the sales and leases of new Subarus during the Share the love event brought \$2548.00 to Blue Ledge. That amount of money will provide over 500 meals to clients during the year.

As part of our Share the Love partnership with Brockman we hold a shelf stable food drive at their showroom on South Main Street. We were able to provide each of our clients with two reusable grocery bags of food and a case of water. Thank you to everyone who participated in the 2015 Share the Love Event, those who donated food, bought or leased a new Subaru, distributed the food, and delivered it. Also thank you to Subaru America for continuing the Share the Love Event each year.









# BLUE LEDGE MEALS ON WHEELS

## **VOLUNTEER APPLICATION**

P.O. Box 1332 Amherst, VA 24521 (434) 942-4864 coordinator@blueledge.org

For Blue	Ledge	Use	Only	
Date of Application				

(434) 942-4864	Beginning Date
coordinator@blueledge.org	Route
Name	Male Female
Street Address	
City	Zip
Mailing Address	
City	Zip
Phone Date	e of Birth
Email Address	
I would like to be a: Driver every week; Driver	every other week; Substitute Driver:
What days and route/times would you be intere-	sted in:
M T W Th F	
Town centered route at end of day Lower	sville or 151 Route at noon
Place of employment (if employed)	
How did you hear about Blue Ledge?	
Please list a reference (personal or professional such	as staff at work, civic organization, church)
Have you been, or do you stand to be, convicted of ei	
Please read and sign the following:	
Although Blue Ledge will do everything in its power to deliver meals to clients who may have an infectious of	
Signature:	

## Thank you to our volunteers.

Nancy Banton Tami & Carly Brooks Sandra Brown Linda & Samuel Bryant Ashley & Mitch Carter Betty Cash Ginny & David Cathcart Bob & Hanna Chaudrue Carrie Davilla Renee DeShane David Edmondson Christie Eubank Kleo Garland Matt Gaventa Craig & Kim Goins Tom Hall Amanda Hall Joanna Harris Norman Harris Don Harvey Wayne Hash Juanita Henderson Jim Higgins Kelli & Ian Hollowell

Becky Jones

Debra Lynch

Glen Mabrey Joe Mallov Ann Marshall Stephen Martin Julian & Barbara Massie Judy Mayberry Jonathon Neighbors Karena Netterfield Sarah Ooden Tom Paciocco Carol Patterson Donald Paule Jenny Reynolds Nancy Russell Joyce Saunders Howard Scarboro Delores Schrock Lynn Seidman Rosalie Slonksnes Theresa Smith Olivia Snyder Lee Terry Beverly Voigt Kathryn Wilkerson

Keghan Willey

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# Thank you to all of our food suppliers

Amherst Baptist Church
Amherst Corner
Amherst Presbyterian Church
Campbell's General Store
Central Baptist Church
Charlie's Chicken

**Emmanuel United Methodist Church** 

Fairmont Crossing
Midway Baptist Church
Mt. Olive Baptist Church
St. Francis of Assisi Parrish
Subway
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Winton Country Club

#### Donors Oct 31, 2015 - May 31, 2016

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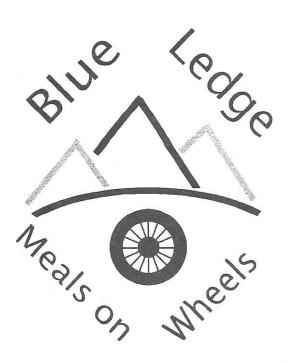
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