

Blue Ledge Meals on Wheels needs YOU !

Our volunteer drivers are the heart and soul of our organization. Without our drivers we wouldn't be able to do all that we do. By providing hot prepared meals Monday through Friday to the homebound of northern Amherst County we enable people to remain independent and in their own homes as long as possible.

How does it work?

Our volunteer drivers are assigned to either a regular route which they can do once a week or every other week or can be a substitute. Substitute drivers fill in when a regular driver is going to be away or otherwise unable to deliver on their regular day.

Meals are picked up from that day's vendor, either a local restaurant or church. Each of our delivery routes are organized in such a way that it takes under an hour to deliver all of the meals on that route. We have drivers who deliver meals with their children, we have drivers who work as a team and meet up once a week to deliver meals. We also have several couples who deliver meals together.

How does this help food recipients?

In order to qualify to receive meals from Blue Ledge an applicant must be largely homebound, unable to physically prepare meals for themselves, and have no one living in the home with them who could be preparing meals. This means that the people who do qualify to receive meals are largely isolated and alone. There are far more people in our community who fall under this category than you would think. Blue Ledge does not leave food on the doorstep if there is no answer at the door. We will call the recipient, their emergency contact, and if necessary, emergency services to make sure the recipient is ok. Someone who meets the qualifications to receive meals is generally in a precarious situation where they don't have much daily interaction with other people. By delivering meals, and verifying that they are well, there is an added level of safety for them to remain independent and in their own homes as long as possible.

Why would I want to do this?

Being a volunteer driver for Blue Ledge is a simple and fulfilling way to help your community. An hour a week, every other week, or as needed is very little to give yet has a phenomenal impact on the people receiving meals. There is a very real need for our services in northern Amherst County. Our meal recipients are so grateful to see a smiling face each day along with their meal. The sense of security that small connection offers to our recipients is invaluable. I can't stress enough how much of a real, heartfelt, and meaningful effect this has, not only for the recipients but for the volunteer driver as well. Without our volunteer drivers none of this is possible.

Please feel free to contact us, we would love to take you with us as a ride-along so you can experience first-hand how simple this process is. I'm sure that you will see how such a small effort has such a huge impact on our community.

Fill out the volunteer application and mail it in today!



blueledge.org

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