

Blue Ledge Meals on Wheels

*“Serving the Community
One Meal at a Time”*

November 2016

Guitar Shopalooza Benefits Blue Ledge

In celebration of My Guitar Shop’s third anniversary, they hosted their second annual My Guitar Shopalooza Fest. Folks were able to stop by anytime between noon and 8:00 PM on August 28th to hear all-day live music from some of the best talent in the area, like the Carbon Sisters, Les Watts, the Ruckus, and many more.

The store, owned by Jake and Sarah Ryan, raffled a Gretsch Parlor sized acoustic, LTD TE Electric Guitar, and even a Rev-

erend 4-string bass, plus plenty of other fun door prizes. And the best part? All benefits went to our local Meals on Wheels program, Blue Ledge Inc., whose president, Ashley Carter, performed alongside Holly Carver as the Carbon Sisters.

While the bands were pickin’, you were sure to be grinnin’. Thanks to My Guitar Shop, nowhere else could you support local music, businesses, and charities all in one event.



**UPCOMING
EVENTS**
@
Second Stage ...
Join us!

Sunday,
November 27, 3 PM
Singing in the Season

Multiple churches in downtown Amherst will be open and participating in a “progressive” hymn sing ending at Second Stage | Amherst for a group carol sing and refreshments.
Starts at Ascension at 3 PM.

Saturday,
December 3, 11-4
**Second Stage
Holiday Market**
Free admission & parking in combination with Save Our Animals Rescue’s **Santa Paws Winter Bazaar**
Pet pictures with Santa: \$10
Lunch available

194 Second Street in Downtown Amherst
Read more at our website!
www.secondstageamherst.org

Loose Shoe Gives Back To the Community

On November 21, 2015, Loose Shoe Brewing Company hosted their first annual chili cook-off. Two dozen teams competed in the inaugural contest, hoping to win money for designated local charities.

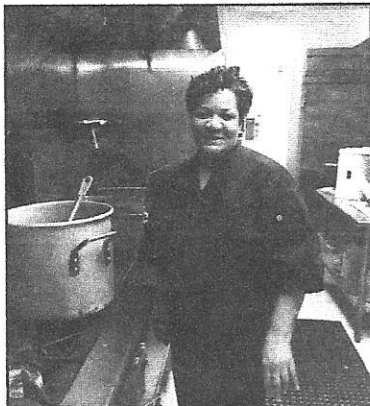
Kitty and Derin Foor, brewery owners, were incredibly pleased with the turnout. Kitty said, “The support from Amherst and surrounding counties was nothing short of amazing.” All proceeds from entry fees and tasting fees were donated to the winning charity.

Mitch Carter, volunteer driver for Blue Ledge Meals on Wheels, captured the \$750 prize for winning First Place with his “Montana Big Sky Chili.” Blue Ledge Board member and treasurer Amanda Hall shared, “That will provide over 160 meals for our clients. We are so grateful!”

DID YOU KNOW? In 2016, Blue Ledge delivered an average of 540 meals PER MONTH!

Winton Country Club

by Amanda Hall



While most notably recognized for historical significance in Amherst County, Winton Country Club also plays a key role in the community by preparing hot meals for the elderly home-bound. As a food vendor for Blue Ledge Meals on Wheels for the past 8 years, Winton has truly committed to the mission of outreach by providing hot lunches two days per week for certain routes in the Amherst area.

“It’s very special to see a vendor commit to the program”, commented Blue Ledge President, Ashley Carter. “But to provide meals two times per week is really something special”.

A huge part of this effort is due to chef, Gloria Paige. She has been a chef at Winton for 27 years and feels strongly about Winton’s involvement with Meals on Wheels. “I want to make

sure someone is taking care of these folks and making them a hot meal”, Gloria said.

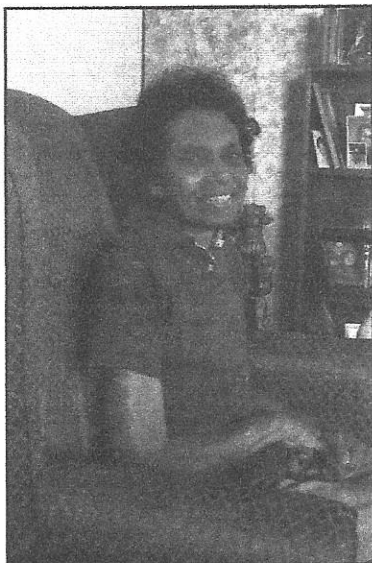
In addition to their association with Blue Ledge, Winton Country Club has been ramping up a presence in Amherst and surrounding areas by advertising their large banquet space for parties and weddings. They also host a number of seasonal events, and most of these are open to the public. Most notably, they will be holding Colonial-themed holiday events in the coming months.

Want to try some of Gloria’s excellent cooking? She is in the Tavern kitchen at Winton every day. Stop by for lunch and ask about taking one of her signature pies home. As with her meal prep for Blue Ledge, they will be baked with love.

Client Spotlight

Mary Smith

by Nancy Banton



For those of you who have not met Mary Edith Smith let me introduce you to a beautiful lady with a contagious smile.

Her friends and former coworkers call her Mary but her family has always called her Edith. She seems quite content answering to either name. Mary and one of her sisters live in the house she grew up in Lowesville. Her two sisters and one brother have always been very close and continue to visit often. She is also fortunate to have her two sons living in the central Virginia area.

When asked while she was growing up did she have a favorite relative and she answered in her quiet voice, we all were close then and continue to get along so well. As Mary and I carried on our conversation you could tell family has always been a main focus for her. She was asked if she remembered any special stories that occurred during her younger years and she said she remembered walking to school from the first through the seventh grades.

Mary’s work history started at the Lovingson Garment Factory, continued with First Brands, Quality Food,

Social Security, and VCCA. She performed many duties with her jobs and always received great reviews. This was not difficult to do because she and her family members carried on the work ethic her parents had demonstrated. This work ethic continued at home with her fondness for cooking and eating what she called good old time cooking with coconut cake being one of her favorites.

Mary very shyly said on her list of fun things to do as she grew older was visiting casinos and traveling. The laughing and smiling really came out when she talked about gambling at casinos. Traveling by bus to Niagara Falls holds fond memories but the most memorial bus trip was to Atlanta, GA to hear Dr. Martin Luther King speak.

It was enjoyable to have a long visit with Mary and talk about our now deceased “meals on wheels” volunteer and friend, Charlie Meador. Even when Charlie did not feel well or had difficulty walking, he always wanted to talk with Mary and she always inquired about him. This is a good example of the close relationship that develops between our clients and volunteer drivers. Thank you Mary for sharing your sweet smile with us.



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Emmanuel United Methodist Fairmont Crossing	Sweet Briar College Winton Country Club

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Thank You, Volunteers!

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Centra Rehabilitation: Your Life. Our Mission



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173 Brockman Park Drive, Amherst, VA 24521
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Partnering for a Great Cause

Central Baptist and Midway Baptist churches have recently teamed-up to become food vendors for Blue Ledge Meals on Wheels. Together, they will be providing meals for the Temperance and Route 151 residents. In addition to this generous donation of time and resources, half of the proceeds from the Sept 10 Central Baptist and Ruritan Club Brunswick stew event were donated to Blue Ledge.

“This is a community outreach that we are concerned about and would like to support”, said Central Baptist parishioner, Carolyn Crump. A big thank you to Midway Baptist pastor Don Harvey, along with Reverend Gary Anderson from Central Baptist, for this new partnership.

Volunteers Needed!

Blue Ledge Meals on Wheels is *community-based* and *community-powered*.

That means that we need *volunteers like you!*

If you can drive, you can deliver meals.
If you can't, we still need your help!

← Send in this form
or call us today!

WILLIAM PAIGE
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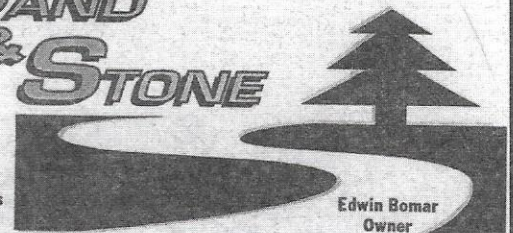
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Edwin Bomar
Owner

SUBARU **share the love** EVENT

Blue Ledge Meals on Wheels is once again partnering with Meals on Wheels America and Subaru for the annual Share the Love Event. For every new Subaru sold between November 17, 2016 and January 3, 2017, Subaru will donate \$250 to the charity of your choice. If you buy a new Subaru, be sure to pick Meals on Wheels America.

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